

Compliplus Quick Business Guide to COVID-19 5 Level Plan

| | Level 1 | Level 2 | Level 3 | Level 4 | Level 5 |
|--|---|---|---|---|--|
| HSE High Risk (60+, Medical issues) | Work from Home if Possible, if working, complete a Risk Assessment | Work from Home if Possible, if working, complete a Risk Assessment | Should Not Attend Work, but if essential worker, complete a Risk Assessment | Should Not Attend Work, but if essential worker, complete a Risk Assessment | Should Not Attend Work, but if essential worker, complete a Risk Assessment |
| Normal Staff (Work from Home if Possible) | Stagger Attendance if Possible | Essential Meetings and activities | Attend only if absolutely necessary | Essential & Designated Workers | Essential Workers Only |
| Public Transport (Mandatory Face Coverings) | Use for Travel to Work | Use for Travel and Essential Journeys | Reduced Capacity, Travel only when necessary | Avoid, Use only for essential purposes | Avoid, Use only for essential purposes |
| Travel for Work (Within Ireland) | No restrictions | No restrictions | Stay in your county except for essential activities work/ education | Stay in your county except for essential activities work/ education | Essential travel, only, not to travel outside County |
| Indoor Events (Meetings, General Training, Groups) | Allowing 2m Social Distancing – up to 50 in groups of 6 | Allowing 2m Social Distancing – up to 50 in groups of 6 | One to One only | Not Advisable | Not Advisable |
| Indoor Events (Child & Adult Training and Education) | If on the National Curriculum/QQI, Allowable with Corrective Measures | If on the National Curriculum/QQI, Allowable with Corrective Measures | If on the National Curriculum/QQI, Allowable with Corrective Measures | If on the National Curriculum/QQI, On-site attendance only when essential | If on the National Curriculum/QQI, Avoid if Possible, Risk Assess for each situation |
| Indoor Events (Sports and Related Activities) | Normal Training with Protective Measures | Indoors Pods of 6 | Individual Training Only | Not Allowed | Not Allowed |
| Outdoor Events | Normal Training with Protective Measures | Outdoors Pods of 15 | Outdoors Pods of 15 Non-Contact | Outdoors Pods of 15 Non-Contact | Individual Training Only |

Key Guidance from the HSE

| | |
|--|---|
| What is a Close Contact? | <ul style="list-style-type: none"> Spending more than 15 minutes of face-to-face contact within 2 metres of someone who has coronavirus, indoor or outdoor. Living in the same house or shared accommodation as someone who has coronavirus. Sitting within 2 seats of someone who has coronavirus on public transport or an airplane. |
| What happens if you are a close contact? | <ul style="list-style-type: none"> You will be contacted by the contact tracing team, or the COVID Tracker App, or The public health team investigating workplace outbreaks. |
| Living with Close Contact | <ul style="list-style-type: none"> You do not need to take any action if you live with or have been in contact with a person who has been told they are a close contact. |
| Have Symptoms | <ul style="list-style-type: none"> If you develop symptoms of coronavirus, you will need to self-isolate and phone your GP straight away to get a test. Individuals should not attend work with symptoms without having gone to a doctor. |

Managing Visitors & Group Activities

| | |
|------------------|---|
| Visitors | <ul style="list-style-type: none"> Visitors must declare that they are COVID-19 free, be advised of the specific arrangements that are in place and ideally wear a mask when in all common areas. |
| Group Activities | <ul style="list-style-type: none"> Organisers of Group Activities must complete an assessment to ensure that the activity can progress in line with the COVID-19 requirements as outlined above and; Provide a COVID-19 plan for the planned activities which should include; <ul style="list-style-type: none"> The safe management of any individuals identified by the HSE as High Risk Compliance with social distancing rules (pods of 6 where everyone is 2m apart) Compliance with respiratory arrangements in relation to wearing masks & availability of tissues Compliance with hand hygiene requirements Compliance with the contact point sanitisation before and after sessions Compliance with the contact tracing requirements as detailed by the HSE Emergency arrangements in the event that a person has symptoms whilst attending the event, and The method of communicating the COVID-19 arrangements to attendees |

Associated COVID-19 related forms, training and advice are available from Compliplus @

info@compliplus.com and further information is available on our web site www.compliplus.com

Note: This is a guidance document produced by Compliplus Limited. For current requirements see;

<https://www.gov.ie/en/campaigns/resilience-recovery-2020-2021-plan-for-living-with-covid-19/?referrer=http://www.gov.ie/roadmap/>